

020-222^{Q&As}

ACSM Health/Fitness Instructor Exam

Pass ACSM 020-222 Exam with 100% Guarantee

Free Download Real Questions & Answers **PDF** and **VCE** file from:

<https://www.pass2lead.com/020-222.html>

100% Passing Guarantee
100% Money Back Assurance

Following Questions and Answers are all new published by ACSM
Official Exam Center

- ⚙️ **Instant Download** After Purchase
- ⚙️ **100% Money Back** Guarantee
- ⚙️ **365 Days** Free Update
- ⚙️ **800,000+** Satisfied Customers



QUESTION 1

The exercise staffs role when an injury or emergency occurs should be to:

- A. Control the situation by implementing the emergency plan and taking charge.
- B. Find someone to implement the emergency plan.
- C. Get everyone out of the facility to avoid chaos.
- D. Hope that an emergency contact is available to help with the situation.

Correct Answer: A

QUESTION 2

Which of the following is NOT considered to be an absolute contraindication to exercise testing?

- A. Unstable angina
- B. Psychosis.
- C. Suspected myocarditis.
- D. Moderate valvular heart disease.

Correct Answer: D

QUESTION 3

Which of the following is a FALSE statement regarding informed consent?

- A. Informed consent is not a legal document.
- B. Informed consent does not provide legal immunity to a facility or individual in the event of injury to a client.
- C. Negligence, improper test administration, inadequate personnel qualifications, and insufficient safety procedures are all items expressly covered by the informed consent.
- D. Informed consent does not relieve the facility or individual of the responsibility to do everything possible to ensure the safety of the client.

Correct Answer: C

QUESTION 4

What is the most appropriate action in assisting a person suffering from a seizure?

- A. Hold the person down so that he or she does not hurt himself or herself.

- B. Do not touch the person, but be sure that he or she is in a safe area.
- C. Place a wedge in the person's mouth so that he or she does not swallow the tongue.
- D. Ignore the person, and allow the seizure to pass.

Correct Answer: B

QUESTION 5

The potential benefits and risks of an exercise test should be written in what document?

- A. Description of services.
- B. Safety plan.
- C. Informed consent.
- D. Exercise waivers.

Correct Answer: C

[Latest 020-222 Dumps](#)

[020-222 VCE Dumps](#)

[020-222 Practice Test](#)