

# AHM-250<sup>Q&As</sup>

Healthcare Management: An Introduction

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#### QUESTION 1

Managed behavioral health organizations (MBHOs) use several strategies to manage the delivery of behavioral healthcare services. The following statements are about these strategies.

Select the answer choice that contains the correct statement.

- A. MBHOs generally provide benefits for mental health services but not for chemical dependency services.
- B. The level of care needed to treat behavioral disorders is the same for all patients and all disorders.
- C. By using outpatient treatment more extensively, MBHOs have decreased the use of costly inpatient therapies.
- D. PCP gatekeeper systems for behavioral healthcare generally result in more accurate diagnoses, more effective treatment, and more efficient use of resources than do centralized referral systems.

Correct Answer: C

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#### QUESTION 2

The application of health plan principles to workers' compensation insurance programs has presented some unique challenges because of the differences between health plan for traditional group healthcare and workers' compensation. One key difference is that

- A. limits coverage to eligible employees and excludes part-time employees
- B. specifies an annual lifetime benefit maximum on dollar coverage for medical costs
- C. provides benefits regardless of the cause of an injury or illness
- D. provides benefits for both healthcare costs and lost wages

Correct Answer: D

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#### QUESTION 3

Maternity management programs are commonly included in?

- A. Screening Programs
- B. Health promotion Programs
- C. Immunization programs

Correct Answer: C

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#### QUESTION 4

One ethical principle in health plans is the principle of non-maleficence, which holds that health plans and their

providers:

- A. Should allocate resources in a way that fairly distributes benefits and burdens among the members.
- B. Have a duty to present information honestly and are obligated to honor commitments.
- C. Are obligated not to harm their members.
- D. Should treat each plan member in a manner that respects his or her goals and values.

Correct Answer: C

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**QUESTION 5**

Which out of the three is accomplished through precertification?

- A. Concurrent review
- B. Retrospective review
- C. Prospective review

Correct Answer: C

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